

Foundations Outdoor Adventure

OAPR2101 001

Instructor Information

Phone:

Email:

Office Location:

Office Hours

Best Time to Contact:

Course Description

An introduction to the diverse field of outdoor adventure, parks and recreation. The class will explore the meaning, roles, and functions of leisure, recreation and play. Current trends and issues in the field will be examined. Students will explore professional opportunities created through the recreation and leisure industry.

Course Student Learning Outcomes

- Determine the responsibility of professionals in the field to promote social equity, environmental sustainability, and health and wellness.
- Identify the theoretical, philosophical, and historical roots of outdoor adventure, parks and recreation.
- Illustrate how social and psychological factors are influenced by recreation involvement across the human lifespan.
- Explain the role of various local, state, and federal governments in the delivery of recreation and leisure services.
- Define current trends and issues within and affecting the field of outdoor adventure, parks and recreation.

Course Prerequisites

No prerequisites.

Transfer/Certification/Licensure/Employment Information

This course is equivalent to PRT 2101 at the University of Utah.

This course is equivalent to OCRE 2050 at Weber State University.

Communication Plan

- I will respond to email within 24 hours during the week and 48 hours on weekend will offer feedback on major assignments within 7-10 days unless otherwise noted.
- The best way to contact me is
- In this course I will be posting announcements to inform you of upcoming classes and assignments.

Brief Description of Assignments/Exams

Weekly Journals (20% of Grade)

Most weeks during the semester, you will be asked to complete a journal entry based on the instructor's assigned prompts. These journal entries are meant to be informal and encourage exploration of topics related to happiness, our relationship with technology, identity development, and the role of recreation and leisure in our lives.

The instructor will provide each student with a journal to use throughout the semester. Students will hand in their journals at the beginning of class each Monday. Journals will be returned on Wednesdays.

Critical Reflections (25% of Grade)

Critical Reflection assignments allow learners to integrate experiences and existing knowledge into the material we will cover in class. Reflections will center on one or more topics/issues from the course. Research has shown that when we reflect on what we learn, we are more likely to remember the material and apply knowledge and concepts in the classroom, in our professions, and in our personal lives. These typed assignments will review core course materials and allow students to analyze how concepts can be applied in practice.

Article and Class Presentations (5% of Grade)

Students will work individually and in groups to present in-class work on various topics. This will include presenting and leading a discussion on a special topic related to Outdoor Adventure, Parks, and Recreation, as well as participating in discussions related to the history of OAPR and the use of logic models in program design.

Quizzes (10% of Grade)

For most modules, there will be a short open-book, open-note quiz on readings and class.

Participation and Attendance (15% of Grade)

This course is built on student participation and interaction. Class time will be a mix of lecture, discussion, and small group work. Participation and attendance will be tracked weekly.

Midterm and Comprehensive Quizzes (25% of Grade)

There will be one midterm that reviews course concepts and concept application where students can bring one sheet of notes (front and back). This will be administered at SLCC Testing Centers. There will also be a comprehensive take-home review at the end of the semester.

Assignment Schedule

Due Date	Assignment Name	Assignment Type	Points
	Introduce Yourself	Discussion	0
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8/21	Week 1 Participation	Assignment	10
8/26	Weekly Journal #1 (Handwritten - Turned in on Mondays)	Assignment	10
8/28	Week 2 Participation	Assignment	10
9/2	Quiz 1 - Foundations and Background	Quiz	10
9/3	Critical Reflection and Analysis Paper - #1	Assignment	20
9/4	Week 3 Participation	Assignment	10
9/11	Week 4 Participation	Assignment	10

Due Date	Assignment Name	Assignment Type	Points
9/16	Quiz 2 - Motivation and Leisure	Quiz	12
9/18	Week 5 Participation	Assignment	10
9/23	Critical Reflection and Analysis Paper - #2	Assignment	20
9/23	Week 5 Course Feedback	Quiz	25
9/25	Week 6 Participation	Assignment	10
9/30	Quiz 3 - Sociocultural Factors of Leisure	Quiz	10
9/30	Watch First Episode of "The National Parks"	Assignment	10
10/13	Timeline Project - Upload	Assignment	50
10/16	Quiz 4 - History of OAPR	Quiz	10
10/16	Quiz Review (Wednesday)	Assignment	20
10/28	Midterm Quiz	Quiz	100
10/30	Logic Model Case Study (In Class Assignment)	Assignment	20
11/4	Critical Reflection and Analysis Paper #3 - Finding Your Purpose	Assignment	20

Due Date	Assignment Name	Assignment Type	Points
11/4	Quiz 5 - Social Functions of OAPR	Quiz	20
11/17	Critical Reflection and Analysis Paper #4 - Accessibility and Inclusion	Assignment	20
11/25	Critical Reflection and Analysis Paper #5: Youth Development	Assignment	20
12/2	Critical Reflection and Analysis Paper #6 - Professional Philosophy Rough Draft	Assignment	20
12/4	Student-Led Discussion on Special Topics	Assignment	50
12/4	Week 7-15 Participation	Assignment	80
12/10	Critical Reflection and Analysis Paper #7 - Final Reflection for Eportfolio	Assignment	20
12/11	Final Quiz	Quiz	100

Grading Scale

A: 93+

A-: 90-92.9

B+: 87-89.9

B: 83-86.9

B-: 80-82.9

C+: 77-79.5

C: 78-76.9

C-: 70-72.9

D: Below 70

E: Below 60

How to Navigate to Canvas

Institutional Policies

As members of our academic community, we would like to invite you to review the Institutional Syllabus which covers important policies and procedures. This document contains important links for students on the code of student rights and responsibilities, academic integrity, and grading policies, Title IX and other important acknowledgements. By familiarizing yourself with this information, you can help us create a safe and respectful environment for everyone.

You can access the document by clicking on the following

link: <https://slcc.instructure.com/courses/530981/pages/institutional-syllabus>

Learning Support and Tutoring Services

We are pleased to offer a range of tutoring and learning support services to help you achieve your academic goals. Whether you need assistance with a specific subject or want to improve your study skills, you have many options for tutoring or other support.

To learn more about the services we offer and how to access them, please visit the Institutional Syllabus under the Tutoring and Learning Support

tab: <https://slcc.instructure.com/courses/530981/pages/institutional-syllabus>. We encourage you to take advantage of these resources to help you succeed in your studies. If you have any questions or would like to schedule a tutoring session, please don't hesitate to reach out to us. We are here to support you in any way we can.

Advising and Counseling Support Services

At our institution, we are committed to supporting your academic and personal growth. That's why we offer a range of advising and counseling services to help you navigate the challenges of college life.

To learn more about the resources available to you and how to access them, please visit the Institutional Syllabus under the Advising and Counseling Support Services

tab: <https://slcc.instructure.com/courses/530981/pages/institutional-syllabus>. Our advising team

and the support centers across campus are here to support you in achieving your goals and overcoming any obstacles you may face.

Student Academic Calendar

As students you should be aware of all important dates in the semester, such as the day that courses begin and end, as well as the drop date and the last day to withdraw. To learn more about those dates, navigate to the Student Academic Calendar below:

[SLCC Student Academic Calendar](#)