

Salt Lake Community College Physical Therapist Assistant Program
PTA 2950 – Sports Physical Therapy – 2 credit hours
Syllabus - Fall Term 2016

Textbook: Textbook as determined by instructor. Instructor provided notes and material available on course website.

Prerequisites: Acceptance into technical portion of the SLCC Physical Therapist Assistant Program.

Required Equipment: Each student is required to bring the following: workout clothes and shoes, 6 rolls (1 ½ inch) white athletic tape, 1 roll pre-wrap, and 6 rolls (2-inch) kinesiotape (approximately equivalent to 103'). Taping materials will be used for student's personal practice.

Course Fee: \$20 fee for materials for skill-based activities.

Course Description: Students will learn principles of injury prevention, conditioning, and therapeutic rehabilitation applied to the practice of sport and competitive physical activity.

Course Focus: Blended format course consisting of online lecture and multi-media presentations, web-based course assignments as well as individual and small group problem-solving activities and hands-on participation in a laboratory setting. An excellent knowledge of functional anatomy is required.

College-Wide Unified Learning Outcomes (SLO):

1. Acquire substantive knowledge in their intended major
2. Communicate effectively
3. Develop quantitative literacies necessary for their chosen field of study
4. Think critically and creatively
5. Develop the knowledge and skills to be a community engaged learner and scholar
6. Develop the knowledge and skills to work with others in a professional and constructive manner
7. Develop computer and informational literacy
8. Develop the attitudes and skills for lifelong wellness

Course Student Learning Outcomes: Upon completion of this course, the student will:

1. Differentiate the roles of health care professionals associated with athletes. (SLO6)
2. Demonstrate understanding of elementary and advanced training and conditioning principles for the professional, intercollegiate, and recreational athlete. (SLO6)
3. Demonstrate understanding of fundamental rehabilitation principles for the professional, intercollegiate, and recreational athlete. (SLO6)
4. Identify and describe common injuries in various athletic activities. (SLO1)
5. Differentiate between criteria for a return to functional ability versus a return to competitive athletic participation. (SLO4)
6. Describe and demonstrate interventions appropriate to prepare an athlete for to return to sport. (SLO6)
7. Given a case study of an injured athlete, with goals delineated, describe appropriate on-going conditioning and rehabilitation interventions appropriate for the athlete to competitive physical activity. (SLO6)
8. Demonstrate ability to perform basic taping and bracing techniques designed to prevent injury, assist an injured athlete during rehabilitation and return to full competitive participation. (SLO6)

- Identify and utilized publications and resources sponsored by professional organizations such as the Sports Physical Therapy Section of the American Physical Therapy Association. (SLO7)

Class procedure: This course consists of online content, direction instruction, and skill-based learning activities direct instruction. Please see the course schedule for specific required class meeting times and reading assignments.

Student Responsibilities: The student can expect to spend 15-30 hours in skill-based instruction with 60 or more hours during the term in concentrated self-directed study. If the student is having difficulty in the course, it is the student's responsibility to make arrangements to speak with the Instructor. Each student is expected to be self-directed and motivated in identifying his/her learning needs associated with the course content. Each student is expected to complete all reading assignments *prior to* scheduled class times.

Communicating with the Instructor: (Example: In addition to meeting with or phoning the Instructor during the Instructor's office hours, students should email the Instructor through the online course mail system, i.e. Canvas. Contacting the Instructor through the Instructor's college-wide email address will result in lost communications and assignments. A student's email request can expect a response within 48 hours Monday through Friday.

Student Evaluation: Distribution of the course grade will be as follows:

Professionalism/Participation	100 points
Observation Assignment	50 points
Assignments	175 points
Mid-Term Examinations (50 points each)	150 points
Practical Examination	50 points
Final Examination	100 points
<u>ePortfolio/LinkedIn</u>	<u>20 points</u>
Total Points:	645 points

Final Grade: The following grade scale will be used for this course:

A = 95-100%	B = 86-88%	C = 77-79%	D = 68-70%
A- = 92-94%	B- = 83-85%	C- = 74-76%	
B+ = 89-91%	C+ = 80-82%	D+ = 71-73%	E = 67% and below

Professionalism: Critical to the delivery of physical therapy interventions is the demonstration of professionalism. Professional behavior includes attendance, timeliness, participation, respect for Instructor and fellow students' opinions, appropriate communication both written and verbal and a commitment to learning. In this course, each student is expected to demonstrate professional behavior.

ePortfolio/LinkedIn: Each student in PTA courses at SLCC will maintain an ePortfolio/LinkedIn page. Instructors in every PTA course will require you to put at least one assignment from the course into your ePortfolio/LinkedIn, and accompany it with reflective writing. If you select an ePortfolio platform, you MUST limit access to the page. At least one *signature assignment with reflective writing* is required for this course. A signature assignment is an example of your application of knowledge gained in the course accompanied by reflective writing. Select an assignment from this course which you would believe is indicative of knowledge gained in this course. Next, write a reflection including such things as: how does this assignment connect with the program curriculum, what impact did this assignment have on you or your understanding of the field of physical therapy, what challenges did you face in completing the assignment and how did you address them, and/or why did you pick this assignment to put in your ePortfolio/LinkedIn. Email the Instructor with your ePortfolio/LinkedIn address by the due date.

Student Code of Conduct: The student is expected to follow the SLCC Student Code of Conduct found at http://www.slcc.edu/policies/docs/Student_Code_of_Conduct.pdf. Any deviation, by the Instructor's interpretation, from it will yield a failing grade for the course.

Social Media: Student are not authorized to represent the College on any social media outlet. Social media groups shall not use the College's name, "SLCC," a class name, etc unless it is an official Salt Lake Community College website related to a sanctioned club through student life. Do not post anything on social media that would be a violation of the ethical rules of the Physical Therapist Assistant program. This might include class comments. Class comments should be posted on the appropriate Canvas course. Canvas is the course learning management system. Please keep comments professional , appropriate, and in keeping with the Professionalism requirements of the course.

ADA Statement: Students with medical, psychological, learning or other disabilities desiring accommodations or services under ADA, should contact the Disability Resource Center (DRC). The DRC determines eligibility for and authorizes the provision of these accommodations and services for the college. Please contact the DRC at the Student Center, Suite 244, Redwood Campus, 4600 South Redwood Rd, 84123. Phone: (801) 957-4659, TTY: 957-4646, Fax: 957- 4947 or by drc@slcc.edu.

Discrimination Statement: 20 U.S.C.A. Section 1681 (a): TITLE IX "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied benefit of, or be subjected to discrimination under any education program or activity receiving federal funds." Examples of violations (but not limited to): } Sexual advances, requests for sexual favors and sexually motivated physical conduct } Overt or subtle pressure for sexual activity } Sexually offensive verbalization including remarks, "teasing", slurs, and innuendo } Repeated inappropriate jokes or comments about sex or gender specific traits } Conduct that is demeaning or derisive and occurs substantially because of one's gender } Sexual assault } Sexual Violence } Gender based disparate treatment. Violations can occur in any college environment, such as (but not limited to): } Field Trips, } Classrooms, } Student Clubs, } Athletics, } Transportation, } On Campus Events. If you have questions or concerns regarding your rights or responsibilities, or if you would like to file a Title IX complaint please contact: Students-Dr. Marlin Clark, Dean of Students, 801-957-4776, STC 276A (Redwood); Employees or Community members-Ken Stonebrook, Title IX & Discrimination Manager, 801-957-5027, AAB 211G (Redwood); Online Reporting Form-
<http://www.slcc.edu/eoo/title-ix/complaint.aspx>

Salt Lake Community College has a strong prohibition against RETALIATION! The college does not tolerate acts of retaliation against anyone for engaging in filing a complaint or participating in an investigation.

Emergency Evacuation Procedure: In case of emergency, please exit the building on the east side and gather across the road in the field. If a student requires assistance in the event of an emergency evacuation, please notify the Instructor by the end of the first class period so necessary accommodations can be arranged. Emergency Evacuation Procedures in case of an emergency. <http://www.slcc.edu/emergency-prepare/emergency-procedures.aspx>

Course Outline

See Course Schedule