

Course Information



Mental Health

SW 2720- [REDACTED]

Fall 2024

Course Section Information

[REDACTED]

Mental Health

SW2720 [REDACTED]

Course Description

This introductory course will discuss modalities and variables contributing to mental health issues and disorders. Several theoretical models of intervention will be discussed and used to provide the student a simulated clinical experience in the controlled environment of the class room. DSM-V will be introduced as it is the primary diagnostic tool used in the United States. It is recommended students complete an introductory course in the behavioral sciences, such as FHS 1500, EDU 1010, PSY 1010, or SOC 1010 prior to taking this course.

Pre-Requisite: SW 1010 and SW 2100

Semester: Fall & Spring

Textbooks, Readings, and Course Materials

Authors: Marianne Woodside and Tricia McClam

Publication Date: 2018

Title: Generalist Case Management: A Method of Human Service Delivery

Edition: 5th

ISBN: 9781305947214, 9798214344560

Link: BRYTEWAVE.REDSHELF.COM

For more information on textbook accessibility, contact Accessibility & Disability Services at ads@slcc.edu.

Course Student Learning Outcomes

- Demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.
- Gain substantive knowledge of mental disorders as outlined in the Diagnostic and Statistical Manual (DSM IV-TR and/or DSM V) by reviewing and demonstrating the content and process of diagnosing.
- Demonstrate effective communication, both orally and in writing, by explaining the various contextual factors that contribute to mental disorders and best methods of evidence-based practices.
- Demonstrate key aspects of critical thinking by assessing the effectiveness, limitations and applicability of various treatment modalities as they pertain to mental health.
- Gain introductory knowledge that will prepare them to work with others in the mental health arena in a professional and constructive manner by supporting evidence-based practices.

Communication Plan

I will respond to email within 24 hours (Mon-Thursday); I will respond to Friday emails by close of business Monday; Weekend/Holiday emails will be responded to on the next business day.

I will offer feedback on major assignments within Seven (7) Calendar Days AFTER assignment due date.

The best way to contact me is via the Canvas Inbox, as I will prioritize this email over other modes of communication.

How to Succeed in the Course

I want to see you shine as you take your place in the world and become the person you want to be. My role as your professor is to (a) facilitate your personal intellectual growth, and (b) create a professional and respectful learning environment in which to do so. My classroom is a diverse but safe community where you and I learn from each other and from your classmates. I will do my part to facilitate your intellectual growth by providing lectures, reading assignments, discussions, experiential learning activities, and of course tests (which I refer to as “celebrations”). **You must do your part by (1) applying yourself to this course, (2) actively engaging in your learning activities, and (3) taking responsibility for due dates and planning accordingly.**

Grading Scale

Final Grade Distribution

| | | | | | | |
|-----------------|----------|-----------|-----------|----------|-----------|-----------|
| <i>Grade:</i> | A | A- | B+ | B | B- | C+ |
| <i>Percent:</i> | ≥ 94% | ≥ 90% | ≥ 87% | ≥ 84% | ≥ 80% | ≥ 77% |

| | | | | | | |
|-----------------|----------|-----------|-----------|----------|-----------|----------|
| <i>Grade:</i> | C | C- | D+ | D | D- | E |
| <i>Percent:</i> | ≥ 74% | ≥ 70% | ≥ 67% | ≥ 64% | ≥ 60% | < 60% |

Course Grading Policies

Grading Criteria/Rubrics: This course is competency based in order to prepare you for real life practice. As such, the assignments are a mixture of regular grading and pass/fail assignments. I will help you prepare by providing assignment rubrics and holding regular office hours to support your development of competence, and you will be diligent in applying yourself to your assignments and thus developing your competence.

Grading Turnaround Time: You can anticipate receiving grades within seven (7) days AFTER the assignment's due date. Please note that while you may choose to submit assignments earlier than the deadline, the seven (7) day grading turn around time does NOT begin until AFTER the due date. By submitting your assignment on Canvas you are expressly warranting that this is your final work that is ready for grading. [REDACTED] [REDACTED]

Late Submissions: Assignments are due by the dates published in Canvas. Except for discussion questions and quizzes, assignments submitted after the due date will be accepted for PARTIAL CREDIT according to the grace period published in Canvas. **NOTE:** Discussion questions and quizzes will NOT be accepted after the due date published in Canvas.

Coursework & Assignment Descriptions

Weekly Reading Assignments

Description: Each week you will be assigned readings from the textbook or other resources that I deem appropriate to the objectives of this course.

Further details are contained in Canvas.

Objective/Purpose: The purpose of this assignment is to introduce you to mental health and the process for treating mental and behavioral health.

Course Learning Outcome(s):

- Upon successful completion the student will be able to demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.
- Upon successful completion the student will be able to gain substantive knowledge of mental disorders as outlined in the Diagnostic and Statistical Manual (DSM IV-TR and/or DSM V) by reviewing and demonstrating the content and process of diagnosing.

- Upon successful completion the student will be able to demonstrate effective communication, both orally and in writing, by explaining the various contextual factors that contribute to mental disorders and best methods of evidence-based practices.
- Upon successful completion the student will be able to demonstrate key aspects of critical thinking by assessing the effectiveness, limitations and applicability of various treatment modalities as they pertain to mental health.
- Upon successful completion the student will be able to gain introductory knowledge that will prepare them to work with others in the mental health arena in a professional and constructive manner by supporting evidence-based practices.

Grading Criteria: This assignment is pass/fail. In order to pass, you must self-certify on Canvas that you completed this assignment by or before the due date.

Points: 20 points per assignment; 300 points total

Weekly Reading Quizzes

Description: Each week you will be given an open book quiz on your reading.

Further details are contained in Canvas.

Objective/Purpose: The purpose of this assignment is to introduce you to mental health and the process for treating mental and behavioral health.

Course Learning Outcome(s):

- Upon successful completion the student will be able to demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.
- Upon successful completion the student will be able to gain substantive knowledge of mental disorders as outlined in the Diagnostic and Statistical Manual (DSM IV-TR and/or DSM V) by reviewing and demonstrating the content and process of diagnosing.

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- Upon successful completion the student will be able to demonstrate key aspects of critical thinking by assessing the effectiveness, limitations and applicability of various treatment modalities as they pertain to mental health.
- Upon successful completion the student will be able to gain introductory knowledge that will prepare them to work with others in the mental health arena in a professional and constructive manner by supporting evidence-based practices.

Grading Criteria: This assignment is graded in a regular fashion. You receive points for answering the questions correctly. This quiz is open book, and you may take the quiz as many times as you want before the due date; your highest score will be kept.

Points: 10 points per quiz; 150 points total

Weekly Reading Discussions

Description: Each week--with the exception of the VIA Survey discussion--you will take at least one of the principles or concepts you have learned from the reading in that week's module and describe how you will apply this principle or concept in real life. As this program has a clinical focus with the intent to prepare you for real life clinical practice, you are strongly encouraged--but NOT required-- to apply your knowledge to a clinical setting. You must, however, apply this principle or concept in real life.

You will submit your assignment by or before Wednesday night, and then during class on Thursday, you will share your comments with your Work Group and have meaningful, in class discussions with each other.

Further details are contained in Canvas.

Objective/Purpose: The purpose of this assignment is to introduce you to mental health and the process for treating mental and behavioral health.

Course Learning Outcome(s):

- Upon successful completion the student will be able to demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.
- Upon successful completion the student will be able to gain substantive knowledge of mental disorders as outlined in the Diagnostic and Statistical Manual (DSM IV-TR and/or DSM V) by reviewing and demonstrating the content and process of diagnosing.
- Upon successful completion the student will be able to demonstrate effective communication, both orally and in writing, by explaining the various contextual factors that contribute to mental disorders and best methods of evidence-based practices.
- Upon successful completion the student will be able to demonstrate key aspects of critical thinking by assessing the effectiveness, limitations and applicability of various treatment modalities as they pertain to mental health.
- Upon successful completion the student will be able to gain introductory knowledge that will prepare them to work with others in the mental health arena in a professional and constructive manner by supporting evidence-based practices

Grading Criteria: This assignment is graded in a regular fashion according to the rubric available on Canvas.

Points: 20 points per discussion; 300 points total

Weekly Asynchronous Lecture

Description: Each week I will post a prerecorded lecture in Canvas for you to watch and/or listen to by or before the due date.

Further details are contained in Canvas.

Objective/Purpose: The purpose of this assignment is to expand and enhance your learning by providing you with additional insights into professional practice beyond what is covered in the readings.

Course Learning Outcome(s):

- Upon successful completion the student will be able to demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.
- Upon successful completion the student will be able to gain substantive knowledge of mental disorders as outlined in the Diagnostic and Statistical Manual (DSM IV-TR and/or DSM V) by reviewing and demonstrating the content and process of diagnosing.
- Upon successful completion the student will be able to demonstrate effective communication, both orally and in writing, by explaining the various contextual factors that contribute to mental disorders and best methods of evidence-based practices.
- Upon successful completion the student will be able to demonstrate key aspects of critical thinking by assessing the effectiveness, limitations and applicability of various treatment modalities as they pertain to mental health.
- Upon successful completion the student will be able to gain introductory knowledge that will prepare them to work with others in the mental health arena in a professional and constructive manner by supporting evidence-based practices.

Grading Criteria: This assignment is pass/fail. In order to pass, you must self-certify on Canvas that you completed this assignment by or before the due date.

Points: 20 points per lecture; 300 points total

Weekly Reflection Progress Journal

Description: A progress journal serves several important purposes including but not limited to:

- **Tracking Growth:** Helping you monitor your development over time. By regularly reflecting on what you've learned, you can see how your skills and understanding evolve.

- **Reflective Learning:** Writing in a progress journal encourages you to think critically about your learning process. You can evaluate what strategies work best for you, identify areas for improvement, and adapt your approaches as needed.
- **Preparation for Assessments:** It helps in preparing for assessments and exams. Reviewing journal entries can provide a consolidated view of key concepts and insights gained throughout the course.

Further details, including a grading rubric, are contained in Canvas.

Objective/Purpose: The purpose of this assignment is, as noted above, to help you better understand and apply the knowledge you are gaining from the lectures and readings.

Course Learning Outcome(s):

- Upon successful completion the student will be able to demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.
- Upon successful completion the student will be able to gain substantive knowledge of mental disorders as outlined in the Diagnostic and Statistical Manual (DSM IV-TR and/or DSM V) by reviewing and demonstrating the content and process of diagnosing.
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- Upon successful completion the student will be able to gain introductory knowledge that will prepare them to work with others in the mental health arena in a professional and constructive manner by supporting evidence-based practices

Grading Criteria: This assignment is graded in a regular fashion according to the rubric available on Canvas.

Points: 30 points per reflection; 450 points total

Case Management File

Description: This assignment will enable you to have a quasi-professional experience serving as a case manager. You will be assigned a fictional client and, through case studies/examples, will provide case management services to your client. You will then submit a your finished case management file for grading.

Further details are contained in Canvas.

Objective/Purpose: The purpose of this assignment is to enable you to apply the concepts of this course in realistic fashion.

Course Learning Outcome(s):

- Upon successful completion the student will be able to demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.
- Upon successful completion the student will be able to gain substantive knowledge of mental disorders as outlined in the Diagnostic and Statistical Manual (DSM IV-TR and/or DSM V) by reviewing and demonstrating the content and process of diagnosing.
- Upon successful completion the student will be able to demonstrate effective communication, both orally and in writing, by explaining the various contextual factors that contribute to mental disorders and best methods of evidence-based practices.
- Upon successful completion the student will be able to demonstrate key aspects of critical thinking by assessing the effectiveness, limitations and applicability of various treatment modalities as they pertain to mental health.
- Upon successful completion the student will be able to gain introductory knowledge that will prepare them to work with others in the mental health arena in a professional and constructive manner by supporting evidence-based practices.

Grading Criteria: This assignment has two parts, one regularly graded portion worth 100 points and one pass/fail portion worth 100 points. Both parts will be graded in accordance with the Rubric/Checklist on Canvas.

Points: 200 points total

Learning Community Assignments

Description: These two assignments are (a) Help us get to know You, and (b) Come and meet your Professor. These assignments, while serving to create a successful learning community, also relate to your own mental health and your ability to succeed in this course.

Further details are contained in Canvas.

Objective/Purpose: The purpose of these assignments is to help you develop positive inter-personal relationships with your classmates and your professor so that you can have a more supportive and successful learning experience as together we create an online, asynchronous learning community.

Course Learning Outcome(s):

- Upon successful completion the student will be able to demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.

Grading Criteria: This assignment is pass/fail. In order to pass, you must comply with the requirements stated in Canvas by or before the due date.

Points: 150 points each; 300 points total

Exams (i.e. "Celebrations")

Description:

Mid-Term Celebration--You will be given an online (via Canvas) and open book mid-term celebration which will cover the chapters and readings assigned by that date. Again, this celebration open book, open notes, but NOT open neighbor. You are permitted to use Internet sources as well--provided that you are not communicating in any way with any other living person anywhere in the universe.

Final Celebration--This celebration will be an online (via Canvas) and open book cumulative exam consisting of all the chapters assigned throughout this term. Again, this celebration open book, open notes, but NOT open neighbor. You are permitted to use Internet sources as well--provided that you are not communicating in any way with any other living person anywhere in the universe.

Further details for the Midterm and the Final Celebrations are contained in Canvas

Objective/Purpose: The purpose of these Celebrations is to test your knowledge and retention of the content and skills taught in this course.

Course Learning Outcome(s):

- Upon successful completion the student will be able to demonstrate substantive knowledge of mental health by memorizing, identifying, and summarizing the various integrative treatment modalities.
- Upon successful completion the student will be able to gain substantive knowledge of mental disorders as outlined in the Diagnostic and Statistical Manual (DSM IV-TR and/or DSM V) by reviewing and demonstrating the content and process of diagnosing.
- Upon successful completion the student will be able to demonstrate effective communication, both orally and in writing, by explaining the various contextual factors that contribute to mental disorders and best methods of evidence-based practices.
- Upon successful completion the student will be able to demonstrate key aspects of critical thinking by assessing the effectiveness, limitations and applicability of various treatment modalities as they pertain to mental health.
- Upon successful completion the student will be able to gain introductory knowledge that will prepare them to work with others in the mental health arena in a professional and constructive manner by supporting evidence-based practices

Grading Criteria: This assignment will be graded in accordance with the Rubric/Checklist on Canvas.

Points: 250 points each; 500 points total

Course Content Warnings/Trigger Warnings

Please be advised that this course may include discussions, readings, and other content that some students might find distressing or triggering. Specifically, the course may cover topics such as:

- Violence or traumatic events
- Sensitive social and political issues
- Discussions of mental health, including depression and anxiety
- Graphic or explicit descriptions and imagery
- Any other specific content relevant to the course

Our aim is to explore these topics thoughtfully and respectfully, understanding their importance in our field of study. However, we recognize that such material can be challenging. If you have concerns about your ability to engage with certain course materials due to past experiences or personal reasons, please feel free to discuss this with me privately. We can explore alternative ways for you to engage with the material while ensuring your educational experience is not compromised.

Your well-being is important, and support services are available through the college's counseling support services should you need them.

Assignment Schedule

| Due Date | Assignment Name | Assignment Type | Points |
|----------|------------------------------------|-----------------|--------|
| | Introduce Yourself | Discussion | 0 |
| | Introduce Yourself | Discussion | 0 |
| | Introduce Yourself | Discussion | 0 |

| Due Date | Assignment Name | Assignment Type | Points |
|-----------------|---|------------------------|---------------|
| | Introduce Yourself | Discussion | 0 |
| | Roll Call Attendance | Assignment | 100 |
| | Week 2 Extra Credit | Assignment | 0 |
| 8/28 | Discussion Week 1: Application to Real Life | Discussion | 20 |
| 8/28 | Week 1 Reading Quiz | Quiz | 10 |
| 8/28 | Week 1 Lecture | Assignment | 20 |
| 8/28 | Week 1 Reading | Assignment | 20 |
| 8/28 | Week 1: Reflection/Progress Journal | Assignment | 30 |
| 9/4 | Discussion Week 2: Application to Real Life--VIA Survey | Discussion | 20 |
| 9/4 | Week 2 Reading Quiz | Quiz | 10 |
| 9/4 | Week 2 Lecture | Assignment | 20 |
| 9/4 | Week 2 Reading | Assignment | 20 |
| 9/4 | Week 2: Reflection/Progress Journal | Assignment | 30 |
| 9/11 | Discussion Week 3: Application to Real Life | Discussion | 20 |
| 9/11 | Week 3 Reading Quiz | Quiz | 10 |
| 9/11 | Week 3 Lecture | Assignment | 20 |

| Due Date | Assignment Name | Assignment Type | Points |
|-----------------|---|------------------------|---------------|
| 9/11 | Week 3 Reading | Assignment | 20 |
| 9/11 | Week 3: Reflection/Progress Journal | Assignment | 30 |
| 9/18 | Discussion Week 4: Application to Real Life | Discussion | 20 |
| 9/18 | Week 4 Reading Quiz | Quiz | 10 |
| 9/18 | Week 4 Lecture | Assignment | 20 |
| 9/18 | Week 4 Reading | Assignment | 20 |
| 9/18 | Week 4: Reflection/Progress Journal | Assignment | 30 |
| 9/25 | Discussion Week 5: Application to Real Life | Discussion | 20 |
| 9/25 | Week 5 Reading Quiz | Quiz | 10 |
| 9/25 | Week 5 Lecture | Assignment | 20 |
| 9/25 | Week 5 Reading | Assignment | 20 |
| 9/25 | Week 5: Reflection/Progress Journal | Assignment | 30 |
| 10/2 | Discussion Week 6: Application to Real Life | Discussion | 20 |
| 10/2 | Week 6 Reading Quiz | Quiz | 10 |
| 10/2 | Week 6 Lecture | Assignment | 20 |

| Due Date | Assignment Name | Assignment Type | Points |
|-----------------|--|------------------------|---------------|
| 10/2 | Week 6 Reading | Assignment | 20 |
| 10/2 | Week 6: Reflection/Progress Journal | Assignment | 30 |
| 10/9 | Discussion Week 7: Application to Real Life | Discussion | 20 |
| 10/9 | Week 7 Reading Quiz | Quiz | 10 |
| 10/9 | Learning Community-- Come and Meet your Professor! | Assignment | 150 |
| 10/9 | Week 7 Lecture | Assignment | 20 |
| 10/9 | Week 7 Reading | Assignment | 20 |
| 10/9 | Week 7: Reflection/Progress Journal | Assignment | 30 |
| 10/16 | Discussion Week 8: Application to Real Life | Discussion | 20 |
| 10/16 | Week 8 Reading Quiz | Quiz | 10 |
| 10/16 | Week 8 Lecture | Assignment | 20 |
| 10/16 | Week 8 Reading | Assignment | 20 |
| 10/16 | Week 8: Reflection/Progress Journal | Assignment | 30 |
| 10/23 | Discussion Week 9: Application to Real Life | Discussion | 20 |

| Due Date | Assignment Name | Assignment Type | Points |
|-----------------|---|------------------------|---------------|
| 10/23 | Week 9 Reading Quiz | Quiz | 10 |
| 10/23 | Week 9 Lecture | Assignment | 20 |
| 10/23 | Week 9 Reading | Assignment | 20 |
| 10/23 | Week 9: Reflection/Progress Journal | Assignment | 30 |
| 10/31 | Discussion Week 10: Application to Real Life | Discussion | 20 |
| 10/31 | Learning Community-- Help us get to know You! | Discussion | 150 |
| 10/31 | Week 10 Reading Quiz | Quiz | 10 |
| 10/31 | Midterm Celebration (Exam): Oral Report | Assignment | 250 |
| 10/31 | Week 10 Lecture | Assignment | 20 |
| 10/31 | Week 10 Reading | Assignment | 20 |
| 10/31 | Week 10: Reflection/Progress Journal | Assignment | 30 |
| 11/4 | Officer's Hollow Extra Credit | Assignment | 0 |
| 11/6 | Discussion Week 11: Application to Real Life | Discussion | 20 |
| 11/6 | Week 11 Reading Quiz | Quiz | 10 |

| Due Date | Assignment Name | Assignment Type | Points |
|-----------------|--|------------------------|---------------|
| 11/6 | Week 11 Lecture | Assignment | 20 |
| 11/6 | Week 11 Reading | Assignment | 20 |
| 11/6 | Week 11: Reflection/Progress Journal | Assignment | 30 |
| 11/13 | Discussion Week 12: Application to Real Life | Discussion | 20 |
| 11/13 | Week 12 Reading Quiz | Quiz | 10 |
| 11/13 | Week 12 Lecture | Assignment | 20 |
| 11/13 | Week 12 Reading | Assignment | 20 |
| 11/13 | Week 12: Reflection/Progress Journal | Assignment | 30 |
| 11/20 | Discussion Week 13: Application to Real Life | Discussion | 20 |
| 11/20 | Week 13 Reading Quiz | Quiz | 10 |
| 11/20 | Week 13 Lecture | Assignment | 20 |
| 11/20 | Week 13 Reading | Assignment | 20 |
| 11/20 | Week 13: Reflection/Progress Journal | Assignment | 30 |

| Due Date | Assignment Name | Assignment Type | Points |
|-----------------|---|------------------------|---------------|
| 11/26 | Discussion Week 14: Application to Real Life (Due Date Changed Tuesday, November 26th due to Thanksgiving Break). | Discussion | 20 |
| 11/26 | Week 14 Reading Quiz | Quiz | 10 |
| 11/26 | Week 14 Lecture | Assignment | 20 |
| 11/26 | Week 14 Reading | Assignment | 20 |
| 11/26 | Week 14: Reflection/Progress Journal (Due Dates adjusted due to Break). | Assignment | 30 |
| 12/4 | Discussion Week 15: Application to Real Life | Discussion | 20 |
| 12/4 | Week 15 Reading Quiz | Quiz | 10 |
| 12/4 | Week 15 Lecture | Assignment | 20 |
| 12/4 | Week 15 Reading | Assignment | 20 |
| 12/4 | Week 15: Reflection/Progress Journal (Note: Late submissions will NOT be accepted). | Assignment | 30 |

At our institution, we are committed to supporting your academic and personal growth. That's why we offer a range of advising and counseling services to help you navigate the challenges of college life. To learn more about the resources available to you and how to access them, please visit the Institutional Syllabus under the Advising and Counseling Support Services tab: <https://slcc.instructure.com/courses/530981/pages/institutional-syllabus>. Our advising team and the support centers across campus are here to support you in achieving your goals and overcoming any obstacles you may face.

How to Navigate to Canvas

Learning Support and Tutoring Services

We are pleased to offer a range of tutoring and learning support services to help you achieve your academic goals. Whether you need assistance with a specific subject or want to improve your study skills, you have many options for tutoring or other support.

To learn more about the services we offer and how to access them, please visit the Institutional Syllabus under the Tutoring and Learning Support tab: <https://slcc.instructure.com/courses/530981/pages/institutional-syllabus>. We encourage you to take advantage of these resources to help you succeed in your studies. If you have any questions or would like to schedule a tutoring session, please don't hesitate to reach out to us. We are here to support you in any way we can.

Institutional Policies

As members of our academic community, we would like to invite you to review the Institutional Syllabus which covers important policies and procedures. This document contains important links for students on the code of student rights and responsibilities, academic integrity, and grading policies, Title IX and other important acknowledgements. By familiarizing yourself with this information, you can help us create a safe and respectful environment for everyone.

You can access the document by clicking on the following link:

<https://slcc.instructure.com/courses/530981/pages/institutional-syllabus>

Student Academic Calendar

As students you should be aware of all important dates in the semester, such as the day that courses begin and end, as well as the drop date and the last day to withdraw. To learn more about those dates, navigate to the Student Academic Calendar below:

[SLCC Student Academic Calendar](#)