

THEA 1030

Voice and Movement for the Actor (3cr FA)

Spring 2024

COURSE DESCRIPTION

A practical application of the use of the actor's body, how it influences the voice, and how the two affect one's ability to effectively perform for the stage, film and other media. Aspects of Stage Combat, Lessac, Fitzmaurice, Linklater, Suzuki, Viewpoints, and Laban techniques are explored.

We will be exploring ways for freeing the natural voice, and strengthening and releasing the body so that you can become a better, more watchable, and secure actor.

OBJECTIVES

1. Demonstrate understanding of the basic elements and concepts of body movement and how the body connects to the voice.
2. Demonstrate artistic insight and ability to effectively create a variety of characters that are different from oneself through the use and flexibility of the voice and body.
3. Visually discriminate and verbally explain the execution of weight shifts in the body, how those weight shifts can inform the voice, and how the two may work together to effectively execute expressive action verbs.
4. Demonstrate understanding of, and the ability to reveal thought and feeling simultaneously, using the voice and body.
5. Demonstrate insight into the student's own artistic abilities that relate to acting and performing.
6. Demonstrate the ability to analyze the acting in a live stage play and/or a film, from an artistic, expressive, and stylistic perspective.

DRESS Please bring gloves to assist with safe physical contact. Since this work is physical, you need to wear clothes that don't get in your way. Because some of the work is strenuous, you should have layers of clothing that you can remove or put back

on if you get too hot or cold. Since you must communicate with your body, your clothing should not hide it. Since you need to express things with your face, your hair should stay out of the way, and since you will be in contact with others' bodies, you must free yourself of any jewelry that might be dangerous. It is my preference that you work in bare feet unless otherwise instructed. Please, no hats. Bring or wear workout clothes and a pair of socks to each class.

SAFETY Your well-being is my PRIMARY concern in this class. If at any time you feel unsafe, you must let me know immediately, so we can pause the work. In addition, your fellow actors' well-being should also be your primary concern. Exercise awareness, control, and proper hygiene in your work.

Throughout the semester, masks will be encouraged. Social distancing will be honored whenever possible. There will be times that touching is essential. Hand washing will be emphasized. Please bring a pair of gloves to assist in our ability to make safe physical contact.

REQUIRED PERFORMANCE VIEWING/CRITIQUE – 50 points - Present Orally

LIVE: Attend one live production (or view theatre production streamed online).

- Amelie - April 4, 5, 6, 11, 12, 13
- May substitute an outside production

EXTRA CREDIT: You may submit one additional WRITTEN production critique for 25 points extra credit. Extra production may be live or viewed from Digital Theatre + at <https://libweb.slcc.edu/research/database-listing/D>

[Links to an external site.](#)

Must login with an SLCC ID.

EXERCISE HOURS

An actor should be in shape and connected to their body. Please complete a log documenting 25 hours of physical activity over the course of the semester. This could be individual workouts, gym hours, or dance/yoga/workout classes. Suggestions will be provided. Submit on Canvas.

COURSE ATTENDANCE POLICY (30%)

This is an interactive class. Attendance is extremely important to the experience. If you are going to miss a class, please contact the professor and group members in advance. Your group will perform without you if necessary. If you are experiencing any illness symptoms wear a mask and take the necessary precautions.

You may have up to three absences this semester, for any reason, with no grade consequence. You are responsible for any missed assignments.

Beyond three, each absence will drop your final grade by 5% (50 points) up to 300 points. If you miss a class, it is your responsibility to continue learning. Complete the makeup assignment in Canvas to demonstrate that learning and make up the points. See Canvas for assignment details. Attendance makeup assignments due for each class missed, no later than the end of that week. **You may complete provided Attendance Make-up Assignments at 50 points each of attendance make up credit. Additional absences are not eligible to be made-up points-wise.** While these assignments will help your attendance grade, they will not change your actual attendance record. In-class performances and assignments may not be made up without instructor approval. Communicate extreme circumstances to your instructor. Communication is key.

TARDINESS

Please arrive to class on time. Arriving more than 10 minutes late may be considered an absence.

DEPARTMENTAL ATTENDANCE POLICY

In the Salt Lake Community College Theatre Department, attendance is an extremely important part of the educational experience. Students are expected to attend every meeting of their classes. In case of a necessary absence, students should contact their professor and any group members in advance and stay caught up on any missed work. Students are accountable for all academic activities, and faculty may require additional assignments to make up for the missed class or classes. In addition, faculty members

are encouraged to make reasonable accommodations for students requesting to miss class due to health issues, emergencies, and the observance of religious holidays.

When a student reaches 3 absences in a course, or 3 tardies in a course, or a combination of the two, the student will be called to have a meeting with the department head to discuss their attendance. If the attendance problems persist, the student may be put on departmental probation for one semester. This probation will prohibit the student from auditioning or participating in departmental productions.

COURSE EXPECTATIONS

1. No food or drink in class. This includes GUM. Please bring a water bottle.
2. This is a great semester to consider quitting smoking! No E-cigarettes allowed in class.
3. Cell Phones - Phone should remain silent and put away during class.
4. Office Hours - To guarantee that we can have time for a meeting during my office hours, please schedule with me in advance when possible, in person or via E-mail.
5. Missed Assignments and Quizzes: May be made up at the discretion of the instructor if the absence is arranged in advance or with sufficient documentation. Otherwise, no performance, exam, or quiz will be given as makeup. You must arrange for make-up work. I won't come to you.
6. Late Assignments: Late assignments will be accepted until the noted deadline. All late assignments will be given 75% credit.
7. All written assignments should be typed into a word document using 12 point font, and submitted on Canvas as a .doc or a .pdf. Documents submitted in the incorrect format will be counted as missing or late until submitted correctly.
8. Extra Credit: Students may see an additional production produced outside the college for Extra Credit. Outside productions require instructor approval first. A typed response/review of 1-2 pages is also required. You can receive up to 25 extra points for production attended with a maximum of one allowed.

Assignment	Format	Points
Chair Duet	Live	50

Production Critique - oral	Canvas	50
25 Hours – Physical Activity/Gym	Canvas	50
Discussions/Activities/Assignments	Live	100
Unarmed Combat Unit	Live	100
Armed Combat Unit	Live	150
Laban Monologue Performance	Live	100
Showcase Final Performance	Live	100
Attendance	Live	300
TOTAL		1000

GRADING SCALE:

100-94 A	82-80 B-	69-66 D+
93-90 A-	79-76 C+	65-63 D
89-86 B+	75-73 C	62-60 D-
85-83 B	72-70 C-	59-0 E

Schedule – (subject to change)

Week	In Class Today:	Due Today:
Week One Jan. 8-12	Introduction/Goals/Games Weight Sharing	
Week Two Jan. 15-19	Viewpoints/Suzuki	<i>Jan. 15 - No class</i> <i>Thursday: Read</i> <i>Bobrauschenbergamerica</i>
Week Three Jan. 22-26	Fitzmaurice/Breath Work ViewPoints/Suzuki	Due: One-Minute text
Week Four Jan. 29-Feb. 2	Unarmed Combat	
Week Five Feb. 5-9	Laban Chair Duets	Feb. 6 - No Class Due: Laban Monologue Performance Due: Chair Duet Recording Bring in Music Options
Week Six Feb. 12-16	Weapon Combat	
Week Seven Feb. 19-23	Weapon Combat	Feb. 19 - No Class

Week Eight Weapon Combat

Feb. 26-
March 1

Week Nine SPRING BREAK - NO
CLASSES

March 4-8

Week Ten Weapon Combat

March 11-15

**Week
Eleven** Weapon Combat

March 18-22

**Week
Twelve** Weapon Combat

March 25-29

**Week
Thirteen** Weapon Combat

Weapon Combat Test

April 1-5

**Week
Fourteen** Rehearse Final Performances

April 8-12

**Week
Fifteen** Prepare Final Showcase
Performances

April 15-19

**Week
Sixteen**
April 22-26

Final Showcase
April 24 7-9PM

All assignments due