

Special Topics in Exercise Sci

EXSC - 2900 402

Course Description

This course will help students understand the research process and develop a deeper understanding/appreciation for the Exercise Science/Kinesiology discipline. This course will provide students an opportunity to explore questions of interest and/or current relevance through a defined project, which may be in the form of literature research, hands-on experimental research, or a combination of both.

Pre-Requisite(s): Instructor Approval and EXSC 2500

Semester(s): All

Course Student Learning Outcomes

- Apply program knowledge and skills to a chosen experience in Exercise Science (research project, coaching, exercise training, etc.).
- Create a final product in written or oral form detailing the chosen experience.
- Compose a written reflection that details the ways in which program-specific knowledge and skills contributed to the chosen experience, and analyzes how the lessons learned from this experience can be applied to a chosen future profession.
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College Wide Student Learning Outcomes

- Acquire substantive knowledge in the intended major and throughout General Education
- Communicate effectively
- Think critically
- Express themselves creatively
- Develop civic literacy and the capacity to be community-engaged learners who act in mutually beneficial ways with community partners
- Develop the knowledge and skills to work with others in a professional and constructive manner
- Develop information literacy
- Develop computer literacy
- Develop quantitative literacies required for the chosen field of study

Course Prerequisites

EXSC 2500 and Instructor Approval

Engagement Plan

- I will respond to email within 24-48 hours during the work week. The best way to contact me is via the Canvas Inbox, as I will prioritize this email over other modes of communication.
- In this course I will be posting weekly announcements which will offer specific information for the week.
- I will offer feedback on major assignments within one week of submission.

Keys for Success (how to succeed in the course)

- Your first step to success in this course is to read the syllabus thoroughly.
- Actively participate in class by reading announcements, completing assignments, and participating in discussions with your classmates. Consistent logging into Canvas and a good attitude are the best ways to get a great grade!
- Complete assignments by the set due dates. *Note: Once an assignment is locked, submissions will not be accepted without prior approval. There will be a 5% point deduction for each day late after the due date up to 7 days. After this point, the assignment will lock and will not be reopened. Plan ahead and get work done in advance as much as possible before leaving on vacation or facing anticipated life events. Most assignments are open 1-2 weeks prior to the due date.
- Writing all due dates on your calendar and putting reminders in your phone can help you stay on track.

Brief Description of Assignments/Exams

Detailed descriptions of assignments can be found in Canvas.

Assignment Schedule

Due Date	Assignment Name	Assignment Type	Points
	Any Questions? Getting Started	Discussion	0
	Getting to Know You	Assignment	10
	Syllabus Reconnaissance	Assignment	10
9/4/25	Course Outcomes Pre-Survey	Quiz	10

Due Date	Assignment Name	Assignment Type	Points
9/5/25	Library Research Process: Cumulative Quiz	Quiz	10
9/12/25	Human Subjects Research Training	Assignment	10
9/12/25	Chapters 1 & 2 Activities	Assignment	25

Grading Scale

Grade breakdown by percentage:

A 95-100% C 73-75

A- 90-94 C- 70-72

B+ 86-89 D+ 66-69

B 83-85 D 60-65

B- 80-82 D- 55-59

C+ 76-79 E Below 55%

Academic Integrity

STUDENT CODE OF CONDUCT:

Each student is expected to follow the [SLCC Code of Student Rights and Responsibilities](#).

Use of Artificial Intelligence (AI) in this course:

"Generative artificial intelligence (AI) software is a rapidly emerging tool that students may be interested in using. If doing so, SLCC students are expected to adhere to the same

standards as the Code of Student Rights and Responsibilities statement on plagiarism. Presenting generative AI software content as your own is a violation of academic integrity. If you use generative AI in your work, you must indicate that you have done so." -SLCC Dean of Students

Generative AI can be an excellent resource, but your own thoughts and words must be used on all quizzes, assignments, and discussion posts. If any sources are used, including generative AI, they must be properly cited. As stated in the SLCC Code of Student Rights and Responsibilities, "Students who are unsure of what constitutes plagiarism should consult with their instructors. Claims of ignorance will not necessarily excuse the offense."

How to Navigate to Canvas

Institutional Policies

As members of our academic community, we would like to invite you to review the Institutional Syllabus which covers important policies and procedures. This document contains important links for students on the code of student rights and responsibilities, academic integrity, and grading policies, Title IX and other important acknowledgements. By familiarizing yourself with this information, you can help us create a safe and respectful environment for everyone.

For more information, navigate to the Institutional Policies tab on the [Institutional Syllabus](#) page.

Learning Support and Tutoring Services

We are pleased to offer a range of tutoring and learning support services to help you achieve your academic goals. Whether you need assistance with a specific subject or want to improve your study skills, you have many options for tutoring or other support.

To learn more about the services we offer and how to access them, visit the [Institutional Syllabus](#) page under the Tutoring and Learning Support tab. We encourage you to take

advantage of these resources to help you succeed in your studies. If you have any questions or would like to schedule a tutoring session, please don't hesitate to reach out to us. We are here to support you in any way we can.

Advising and Counseling Support Services

At our institution, we are committed to supporting your academic and personal growth. That's why we offer a range of advising and counseling services to help you navigate the challenges of college life. To learn more about the resources available to you and how to access them, visit the [Institutional Syllabus](#) page under the Advising and Counseling Support Services tab. Our advising team and the support centers across campus are here to support you in achieving your goals and overcoming any obstacles you may face.

Student Academic Calendar

As students you should be aware of all important dates in the semester, such as the day that courses begin and end, as well as the drop date and the last day to withdraw. To learn more about those dates, navigate to the Student Academic Calendar below:

[SLCC Student Academic Calendar](#)

Additional Policies

This syllabus contains the policies and expectations that have been established for this course. These policies and expectations are intended to create a productive learning atmosphere for all students. Please bring any concerns or suggestions you may have to my attention. To create and preserve a course atmosphere that optimizes teaching and learning, we all share the responsibility of working together to cultivate a positive learning environment. A positive learning environment includes embracing the diverse identities, viewpoints, and experiences that you all bring to the class. The concepts and ideas we discuss in this course can be applied to everyone, but we must consider the differences in contributions to the field, access to healthcare and exercise opportunities, genetics, and social or cultural beliefs and backgrounds.

- Assignments will be submitted electronically.

- It is assumed that if you are taking this course, you have access to a reliable, up-to-date computer with a webcam, microphone, and speakers, and consistent internet access. Have a backup computer arranged with a friend or family member in case of computer malfunctions. Computers are available at the public library and in Salt Lake Community College libraries. If there is a problem with the system, the instructor will be the first to know and will adjust due dates if necessary. If you have difficulty accessing the course site, contact the Salt Lake Community College Help Desk at 801-957-5555.
- Messages will be posted on the course “Home” page or in the “Announcements” tab in Canvas. Please be sure you read these messages as they contain pertinent information. If you have a question, email your instructor through the Canvas Inbox.
- Communication is key! If you have a question, email me through the Canvas Inbox. I typically respond to messages within 24-48 hours during the work week. I also check messages periodically on weekends. Please do not wait to contact me if you are having any issues in or out of the course. It is much easier for me to work with you if I know what is going on as soon as possible.
- To create and preserve a positive learning environment, students are expected to conduct themselves in a manner that does not disrupt teaching or learning, and they are expected to follow these standards: Course discussions should be civilized and respectful to everyone and relevant to the topic we are discussing; Discussion forums are meant to allow for a variety of viewpoints, this can only happen if we respect one another and our differences. Please see the Netiquette page in Canvas for tips on how to interact with others in an online environment.
- Please see Canvas for the Institutional Syllabus with important institutional policy and services information.