

Lifespan Human Dev (SS)

FHS - 1500 001

Course Information



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FHS 1500-001

Fall 2025

Course Description

Fundamentals of growth and development from preconception to old age and death are explored. The domains of physical, cognitive, and social-emotional growth for each age in the life cycle are explored in a variety of contexts.

Semester: All

Course Student Learning Outcomes

- Analyze the empirical and theoretical aspects of human development from birth through death based on diverse biosocial, cognitive, and psychosocial development.

- Discuss the complexity of human experience, the variety of institutions that humans construct, and how these relate to the issue of ageism.
- Identify the elements of effective communication through reading, writing, speaking, and listening to key concepts, significant topics, and social issues relevant to the study of the diversity of human development through the lifespan.
- Effectively communicate the relationship between values and attitudes and how these can influence individual and societal perceptions of the ages and stages of human development.
- Interpret systematic methods of collecting data relevant to the fields of sociology, psychology, and biology as they understand human behavior in both individual and collective dimensions.
- Choose and apply appropriate analytical techniques to evaluate observations as they pertain to human development across the lifespan.
- Systematically analyze, synthesize, and evaluate personal and dynamic relationships found among/in individuals, groups, social institutions, and the environment, relevant to the process of aging.
- Compare and contrast ideas from society, the scientific community, and various other disciplines by evaluating claims, arguments and widely held beliefs about human interaction throughout the lifespan.
- Explain the impact of current legislation, court rulings, and legal parameters that affect the human condition.
- Describe individuals' rights to receive equitable treatment and services through the life span.

Textbooks, Readings, and Course Materials

Authors: Martha Lally and Suzanne Valentine-French

Publication Date: 2022

Title: Lifespan Development

Subtitle: A Psychological Perspective

Edition: 4th edition

Publisher: LibreTexts

Link:

[https://socialsci.libretexts.org/Bookshelves/Human_Development/Lifespan_Development%3A_A_Psychological_Perspective_4e_\(Lally_and_Valentine-French\)](https://socialsci.libretexts.org/Bookshelves/Human_Development/Lifespan_Development%3A_A_Psychological_Perspective_4e_(Lally_and_Valentine-French))

For more information on textbook accessibility, contact Accessibility & Disability Services at ads@slcc.edu.

Grading Scale

This class uses the standard grading scale at the College:

94% - 100% = A	87% - 89% = B+	77% - 79% = C+	67% - 69% = D+	
90% - 93% = A-	83% - 86% = B	73% - 76% = C	63% - 66% = D	59% or less = E
	80% - 82% = B-	70% - 72% = C-	60% - 62% = D-	

A grade of 60% constitutes a passing grade for receiving credit. However, you may need a higher grade for your program, a transfer institution, etc.

Your grade will be based on the following assignments, each of which

Coursework/Assignments described below:

25% = Chapter Quizzes

20% = Case Studies

20% = Reflections

15% = Signature Assignment (Lifespan Interview)

10% = Final Exam

5% = Discussions (online classes) and Attendance/Participation (FTF classes)

5% = Getting Started Module

Coursework & Assignment Descriptions

Chapter Quizzes

For each chapter in the textbook, a Study Guide lists the Main Ideas that students should understand. Each chapter quiz contains 25 questions on those Main Ideas. Quizzes are closed-book and will require the LockDown Browser software. Each quiz must be taken in one sitting, but the quiz is not timed, so students may take as much time as they want to complete the quiz. You will complete Chapter Quizzes for 6 out of the 10 chapters in the course, though you are encouraged to take the remaining 4 quizzes, as practice, since the Final Exam questions come from the Chapter Quizzes. Lifeline: Canvas will count the top 6 scores and drop the lowest 4 scores/zeros.

Case Studies

Case Studies teach you to connect course concepts to real-world scenarios (either an observation video or a written scenario) during the different lifespan stages that we will be studying. You will complete Case Studies for 4 of the life stages we will study. Lifeline: Canvas will count the top 4 scores and drop the lowest 2 scores/zeros.

Reflections

These assignments are designed to deepen your understanding of the course concepts by engaging in a structured deep-dive interaction with AI (Copilot), where you will apply course concepts, explore your thinking, respond to different perspectives, and practice effective communication. You will complete Reflections for 6 out of the 10 chapters in the course. Lifeline: Canvas will count the top 6 scores and drop the lowest 4 scores/zeros.

Signature Assignment (Lifespan Interview)

As part of SLCC's General Education program, this assignment helps you demonstrate key General Education learning outcomes: Critical Thinking and Effective Communication.

This assignment builds on the skills you'll develop in the Case Studies, especially your ability to connect real-world experiences to developmental theories and concepts.

You will conduct a recorded interview with a person who is in Middle Adulthood or Late Adulthood, exploring their experiences at the different lifespan stages and across the three domains of development. You will then analyze their experiences in light of the concepts we have studied this semester.

Final Exam

The Final Exam is cumulative, meaning that it will cover content from the entire semester. However, all questions come directly from Chapter Quizzes, with one randomly-selected question on each of the Main Ideas from the semester. Students may take the Final Exam up to three times and will receive the highest of the scores.

Discussions, Participation, and Attendance

Students will interact with one another on a regular basis. Online sections will do so using online discussion boards, while in-person sections will do so using in-class activities. Students are expected to be fully-present during class. Participation points will be reduced for students who are distracted, who are not participating, who are working on other things, etc.

___% of your grade: Extra Credit

There are three types of Extra Credit in this class. Together, they can significantly help you. The Extra Credit consists of:

- Lifelines: See above.
- Bonus Point: A 1% Bonus Point boost will be given to students who submit an anonymous Course Evaluation at the end of the semester. Instructions are posted on the Bonus Point assignment page.

- Modified Curve: Final grades will be based on a “modified curve.” The top grade in the class will be boosted up to 100%, and every student in the class will receive the same number of “curve” points. For example, if the top grade at the end of the semester is 98.3%, then every student will receive a 1.7% adjustment to their grade.

Engagement Plan

What you can expect of me in this course:

- I will return messages within one SLCC business day. (Please plan ahead.) The best way to contact me is via the Canvas Inbox, as I will prioritize this email over other modes of communication.
- Assignments will be graded within one week of the due date.
- I will do my best to help you however I can.

What I expect of you:

- Log on and participate in the course at least 3-4 times throughout the week. Refer to the Time Commitment information below for how much time you should be spending on this course.
- Read each announcement that I post. They contain important information, and you will be responsible for understanding that information.
- Reach out to me if you have any questions or concerns before they become problems.
- Follow the SLCC Code of Student Rights and Responsibilities.

Time Commitment:

This is a 3-credit hour course. A “credit hour” is the amount of time (including classroom time, if applicable) that a student is expected to take for their class.

Each credit hour should take 45 hours during the semester (<http://www.slcc.edu/policies/docs/c4s02-10.pdf>, p. 4), so a 3-credit hour class like this should take you a total of 135 total hours this semester. That breaks down to the following number of hours per week, on average:

15-week semesters	12-week semesters	8-week semesters
9 hours/week	11.25 hours/week	16.9 hours/week

Course Policies and Information

Due Dates and Deadlines

Due Dates

All assignments are due at 11:59 p.m. Mountain Time on the listed due date. If you are outside of Mountain Time Zone, for any reason during the semester, be sure to adjust accordingly. Example: An assignment due Saturday at 11:59 p.m. Mountain Time will be due at 10:59 p.m. Pacific Time if you are in California that weekend.

Late Work

Late work will be accepted with a deduction of 10% per day (0.04% per hour), but please note that Canvas is a computer so it is very strict about the 11:59 p.m. deadline and will round up to the next whole hour block. In other words, if an assignment is due at 11:59 on

Tuesday and you turn it in at 12:05 a.m. on Wednesday, Canvas will count that as one hour late. I will score the assignment just like any other student's work, and then Canvas will reduce the score by 0.04% per hour.

Finals Week

The Final Exam schedule is set by the College so that each class has a protected two-hour block for the final exam. See <https://www.slcc.edu/schedule/final-exam-schedule.aspx>. Do not schedule events/travel/etc. during Finals Week. You will not be able to take the Final early.

Unusual Circumstances: Due Date Extensions and Incomplete Grades

The course Lifelines give you enough flexibility that if something unexpected occurs, you can skip an assignment without it impacting your grade. These Lifelines protect students in the vast majority of cases.

However, sometimes there are more serious or prolonged situations that are beyond your control and that prevent you from completing your coursework. When that happens, I reserve the right to allow due-date extensions, which I will do as fairly and equitably as possible. Important: Please talk to me as soon as possible if something significant comes up; delaying almost always makes it harder to adapt to the circumstances. Students will need to provide documentation of the circumstances to qualify for an extension.

When unusual circumstances like this come near the end of the semester, the College allows a student to finish the coursework after the end of the semester. See the "Incomplete Grades" section of the College's Grade and Grading Policies webpage.

Academic Integrity, Plagiarism, and A.I.

Your assignments are designed to help you show what you understand and what you have learned. If you use someone else's work without saying so, it becomes difficult for your teacher to know how well you are doing and how best to support your learning.

Salt Lake Community College defines plagiarism as "presenting the ideas, representations, or words of another person or artificial intelligence within one's own work without

customary and proper acknowledgment of authorship.” (See the SLCC Code of Student Rights and Responsibilities.)

Canvas includes a built-in system that checks all assignments for plagiarism and AI-generated content.

- If a student submits work that includes plagiarism, the assignment(s) will receive a score of 0.
- If plagiarism happens a second time, the student will fail the course.
- All cases of plagiarism will be reported to the College.

Technology

Canvas

The Canvas site will be your hub for the course. All materials, announcements, instructions, and grades will be posted on Canvas and, for consistency and record-keeping, assignments must be submitted through the assignment page in Canvas (not by email).

If this is your first time using Canvas, take time early in the semester to explore the site thoroughly. It is your responsibility to know how to navigate Canvas and complete required steps.

Office 365

You will use Office 365 for creating/editing written assignments. Assignments that are created and/or edited outside of the shared folder will not be graded and will receive a score of zero. Instructions for setting up a class folder are posted on Canvas.

LockDown Browser

You will use the Lockdown Browser for all of your quizzes. Instructions for installing the software is posted in the Getting Started module on Canvas.

If you do not have the necessary equipment to use the LockDown Browser, you must notify me within the first week of class to make other arrangements.

Getting Help

If you run into problems with different aspects of this course, you'll need to know where to turn. This table shows you the best resource for getting help with problems

For these questions or issues...	Contact...
Questions about an assignment or what you're learning in the class	Your instructor
Problems with Canvas	Canvas Support
Problems with LockDown Browser	LockDown's Help Center
Problems with Office 365	SLCC's tech support Help Desk

Common Example: At 10:30 p.m., Blake tries to submit his first essay, due at 11:59 p.m. The assignment box is locked, so he emails me for help. I don't see the message until the next morning—too late. Had Blake contacted Canvas Support, they would have shown him how to unlock the assignment by completing the Course Setup module, and he would have met the deadline.

Utah Licensure and Transfer

This class transfers to all public universities in Utah.

The Family and Human Studies program (AS & AAS) alone does not lead to professional licensure in the State of Utah. Professional licensure requirements vary from state-to-state. Here is one suggested website for researching state licensure requirements: License Finder, sponsored by the U.S. Department of Labor. If you have difficulty finding the licensure requirements for your state or intended profession, please contact your academic advisor or SLCC's state authorization coordinator for help.

Institutional Syllabus

SLCC's Institutional Syllabus contains information about a number of issues/resources that may be helpful to you, such as:

- The Disability Resource Center
- Advising and Counseling Support Services
- Title IX (sex discrimination)
- Out-of-State Licensure
- The Code of Student Rights and Responsibilities (NOTE: All students are expected to follow the Code of Student Rights and Responsibilities ("CSRR"), available the SLCC website at: http://www.slcc.edu/policies/docs/Student_Code_of_Conduct.pdf.)

General Education Information

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This course fulfills the above requirement for the General Education Program at Salt Lake Community College. It is designed not only to teach the information and skills required by the discipline, but also to develop vital workplace skills and to teach strategies and skills that can be used for life-long learning.

General Education courses teach basic skills as well as broaden a student's knowledge of a wide range of subjects. Education is much more than the acquisition of facts; it is being able to use information in meaningful ways in order to enrich one's life.

While the subject of each course is important and useful, we become truly educated through making connections of such varied information with the different methods of organizing human experience that are practiced by different disciplines. Therefore, this course, when combined with other General Education courses, will enable you to develop broader perspectives and deeper understandings of your community and the world, as well as challenge previously held assumptions about the world and its inhabitants.

Advising and Counseling Support Services

At our institution, we are committed to supporting your academic and personal growth. That's why we offer a range of advising and counseling services to help you navigate the challenges of college life. To learn more about the resources available to you and how to access them, visit the [Institutional Syllabus](#) page under the Advising and Counseling Support Services tab. Our advising team and the support centers across campus are here to support you in achieving your goals and overcoming any obstacles you may face.

Learning Support and Tutoring Services

We are pleased to offer a range of tutoring and learning support services to help you achieve your academic goals. Whether you need assistance with a specific subject or want to improve your study skills, you have many options for tutoring or other support.

To learn more about the services we offer and how to access them, visit the [Institutional Syllabus](#) page under the Tutoring and Learning Support tab. We encourage you to take advantage of these resources to help you succeed in your studies. If you have any questions or would like to schedule a tutoring session, please don't hesitate to reach out to us. We are here to support you in any way we can.

Institutional Policies

As members of our academic community, we would like to invite you to review the Institutional Syllabus which covers important policies and procedures. This document contains important links for students on the code of student rights and responsibilities, academic integrity, and grading policies, Title IX and other important acknowledgements. By familiarizing yourself with this information, you can help us create a safe and respectful environment for everyone.

For more information, navigate to the Institutional Policies tab on the [Institutional Syllabus](#) page.

Assignment Schedule

Due Date	Assignment Name	Assignment Type	Points
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Due Date	Assignment Name	Assignment Type	Points
	(11M) Modified Curve	Assignment	100
	Ch01 Discussion	Discussion	0
	Ch02 Discussion	Discussion	0
	Ch03 Discussion	Discussion	0
	Ch04 Discussion	Discussion	0
	Ch05 Discussion	Discussion	0
	Ch06 Discussion	Discussion	0
	Ch07 Discussion	Discussion	0
	Ch08 Discussion	Discussion	0
	Ch09 Discussion	Discussion	0
	Ch10 Discussion	Discussion	0
	Introduce Yourself	Discussion	0
	Introduce Yourself	Discussion	0
	Roll Call Attendance	Assignment	100
8/29/25	Intro Video	Discussion	7
8/29/25	Mini-quiz (on citing your sources) and LockDown Practice - Requires Respondus LockDown Browser + Webcam	Quiz	3
8/29/25	Office 365--Create Your Folder	Assignment	5
8/29/25	Survey	Quiz	5

Due Date	Assignment Name	Assignment Type	Points
8/29/25	Syllabus Hunt	Quiz	15
9/9/25	.01R) Chapter 1 Reflection	Assignment	25
9/10/25	.01Q) Chapter 1 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
9/11/25	.02R) Chapter 2 Reflection	Assignment	25
9/13/25	.02Q) Chapter 2 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
9/19/25	.03R) Chapter 3 Reflection	Assignment	25
9/20/25	.03C) Chapter 3 Case Study	Assignment	15
9/23/25	.03Q) Chapter 3 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
10/3/25	.04R) Chapter 4 Reflection	Assignment	25
10/4/25	.04C) Chapter 4 Case Study	Assignment	15

Due Date	Assignment Name	Assignment Type	Points
10/7/25	.(04Q) Chapter 4 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
10/14/25	.(05R) Chapter 5 Reflection	Assignment	25
10/15/25	.(05C) Chapter 5 Case Study	Assignment	15
10/21/25	.(05Q) Chapter 5 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
10/24/25	.(06R) Chapter 6 Reflection	Assignment	25
10/25/25	.(06C) Chapter 6 Case Study	Assignment	15
10/28/25	.(06Q) Chapter 6 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
11/7/25	.(07R) Chapter 7 Reflection	Assignment	25
11/8/25	.(07C) Chapter 7 Case Study	Assignment	15

Due Date	Assignment Name	Assignment Type	Points
11/11/25	(07Q) Chapter 7 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
11/18/25	(11S) Signature Assignment: Lifespan Interview	Assignment	16
11/20/25	(11R) GE Reflection	Assignment	6
11/21/25	(08R) Chapter 8 Reflection	Assignment	25
11/22/25	(08C) Chapter 8 Case Study	Assignment	15
11/25/25	(08Q) Chapter 8 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
12/2/25	(09R) Chapter 9 Reflection	Assignment	25
12/6/25	(09Q) Chapter 9 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
12/9/25	(11M) Bonus Point	Assignment	1
12/10/25	(10R) Chapter 10 Reflection	Assignment	25

Due Date	Assignment Name	Assignment Type	Points
12/11/25	(10Q) Chapter 10 Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	25
12/15/25	(11Q) Final Quiz - Requires Respondus LockDown Browser + Webcam	Quiz	86

Student Academic Calendar

As students you should be aware of all important dates in the semester, such as the day that courses begin and end, as well as the drop date and the last day to withdraw. To learn more about those dates, navigate to the Student Academic Calendar below:

[SLCC Student Academic Calendar](#)