

Social Psych Outdoor Rec (SS)

OAPR - 2101 001

Course Description

An introduction to the diverse field of outdoor adventure, parks and recreation. The class will explore the meaning, roles, and functions of leisure, recreation and play. Current trends and issues in the field will be examined. Students will explore professional opportunities created through the recreation and leisure industry.

Course Student Learning Outcomes

- Articulate the responsibility of professionals in the field to promote social equity, environmental sustainability, health, and wellbeing based on the body of research in the field of outdoor adventure, parks, and recreation.
- Identify the theoretical, philosophical, and historical roots of outdoor adventure, parks, and recreation.
- Articulate the role and influence of social and psychological factors on recreation involvement across the human lifespan.
- Explain the role of various local, state, and federal governments in the delivery of recreation and leisure services.
- Define current trends and issues within and affecting the field of outdoor adventure, parks and recreation.

Course Prerequisites

none

Engagement Plan

Keys to success:

1. Come to class. Students who take more than two classes tend to see a drop in their final grades.
2. Be prepared for discussions and in-class collaboration.
3. Ask questions.
4. Please reach out if you have any questions, concerns, or other issues.
5. I will return assignments within one week of the due date unless otherwise noted.

Keys for Success (how to succeed in the course)

See above.

Additional Materials

Readings will be available on Canvas or handed out in class.

General Education Information

SS

This course fulfills the above requirement for the General Education Program at Salt Lake Community College. It is designed not only to teach the information and skills required by the discipline, but also to develop vital workplace skills and to teach strategies and skills that can be used for life-long learning.

General Education courses teach basic skills as well as broaden a student's knowledge of a wide range of subjects. Education is much more than the acquisition of facts; it is being able to use information in meaningful ways in order to enrich one's life.

While the subject of each course is important and useful, we become truly educated through making connections of such varied information with the different methods of organizing human experience that are practiced by different disciplines. Therefore, this course, when combined with other General Education courses, will enable you to develop

broader perspectives and deeper understandings of your community and the world, as well as challenge previously held assumptions about the world and its inhabitants.

Brief Description of Assignments/Exams

Weekly handwritten journals: These journal entries are meant to be informal and encourage exploration of topics related to happiness, our relationship with technology, identity development, and the role of recreation and leisure in our lives.

Critical Reflection and Analysis Papers: Reflection assignments enable learners to integrate their experiences and existing knowledge with the material covered in class. Reflections will center on one or more topics/issues from the course. Research has shown that when we reflect on what we learn, we are more likely to remember the material and apply knowledge and concepts in the classroom, in our professions, and in our personal lives.

Research-based project and reflection: Fulfills the Social Science Gen Ed requirement. The project allows students to test social psychological theories in practical settings.

Student-led discussions and Presentations: On history and special topics.

Content Quizzes: Open-book and open-note.

Midterm and In-Person Q&A: Content review and concept application. Students can bring 1 sheet of notes.

Attendance and Participation: Essential for success!

Assignment Schedule

Due Date	Assignment Name	Assignment Type	Points
	Module 1 Participation	Assignment	10
	Module 2 Participation	Assignment	10

Due Date	Assignment Name	Assignment Type	Points
	Module 3 Participation	Assignment	10
	Module 4 Participation	Assignment	10
	Module 5 Participation	Assignment	10
	Module 6 Participation	Assignment	10
	Week 7-15 Participation	Assignment	90
9/2/25	Discussion 11: Introductions, Areas of Interest, Goals	Discussion	10
9/8/25	Weekly Journal 1.1 (Handwritten)	Assignment	10
9/14/25	Module Quiz 1.1 and 2.1- Foundations and Background	Quiz	10
9/14/25	Discussion 2.1	Discussion	10
9/15/25	Critical Reflection and Analysis Paper - 2.1 (in Handwritten Journal)	Assignment	20
9/21/25	Discussion 3.1	Discussion	10
9/22/25	Weekly Journal 3.1 (Handwritten - Turned in on Mondays) - Out of Class Experience/Observation	Assignment	10

Due Date	Assignment Name	Assignment Type	Points
9/28/25	Quiz 4.1 - Motivation and Leisure	Quiz	12
9/28/25	Discussion 4.1	Discussion	10
9/29/25	Weekly Journal #4.1 (Handwritten - Turned in on Mondays)	Assignment	10
10/5/25	Module 5.1 Course Feedback	Quiz	25
10/5/25	Discussion 5.1	Discussion	10
10/6/25	Critical Reflection and Analysis Paper - 5.1	Assignment	20
10/12/25	Quiz 6.1 - Sociocultural Factors of Leisure	Quiz	10
10/13/25	Weekly Journal #6.1 (Handwritten - Turned in on Mondays)	Assignment	10
10/19/25	Timeline Project - Upload	Assignment	50
10/26/25	Quiz 8.1 - History of OAPR	Quiz	10
10/26/25	Final Draft of Historical Timeline	Assignment	10

Due Date	Assignment Name	Assignment Type	Points
10/27/25	Weekly Journal 8.1 (Handwritten - Turned in on Mondays) : The science of happiness and OAPR.	Assignment	10
10/27/25	Quiz Review (Monday) Notes Upload	Assignment	20
11/3/25	Midterm Quiz	Quiz	100
11/4/25	Preliminary Results - Social Psychology Project	Assignment	20
11/7/25	In-Person Q & A Exam	Quiz	0
11/10/25	Weekly Journal #10.1 (Handwritten - Turned in on Mondays)	Assignment	10
11/12/25	Logic Model Case Study (In Class Assignment)	Assignment	20
11/16/25	Quiz 11.5 - Social Functions of OAPR	Quiz	20
11/17/25	Critical Reflection and Analysis Paper 11.1 - Finding Your Purpose	Assignment	20
11/17/25	Student-Led Discussion on Special Topics	Assignment	50

Due Date	Assignment Name	Assignment Type	Points
11/23/25	Critical Reflection and Analysis Paper 12.1 - Accessibility and Inclusion	Assignment	20
11/24/25	Signature Assignment Final Results - Social Psychology Project	Assignment	20
12/7/25	Critical Reflection and Analysis Paper 14.1: Youth Development	Assignment	20
12/9/25	Final Reflection - Rough Draft	Assignment	20
12/12/25	Final Quiz	Quiz	100
12/14/25	Signature Assignment 15.1 - Final Reflection	Assignment	20

Grading Scale

A: 93+

A-: 90-92.9

B+: 87-89.9

B: 83-86.9

B-: 80-82.9

C+: 77-79.5

C: 73-76.9

C-: 70-72.9

D: Below 70

E: Below 60

How to Navigate to Canvas

Institutional Policies

As members of our academic community, we would like to invite you to review the Institutional Syllabus which covers important policies and procedures. This document contains important links for students on the code of student rights and responsibilities, academic integrity, and grading policies, Title IX and other important acknowledgements. By familiarizing yourself with this information, you can help us create a safe and respectful environment for everyone.

For more information, navigate to the Institutional Policies tab on the [Institutional Syllabus](#) page.

Learning Support and Tutoring Services

We are pleased to offer a range of tutoring and learning support services to help you achieve your academic goals. Whether you need assistance with a specific subject or want to improve your study skills, you have many options for tutoring or other support.

To learn more about the services we offer and how to access them, visit the [Institutional Syllabus](#) page under the Tutoring and Learning Support tab. We encourage you to take advantage of these resources to help you succeed in your studies. If you have any questions or would like to schedule a tutoring session, please don't hesitate to reach out to us. We are here to support you in any way we can.

Advising and Counseling Support Services

At our institution, we are committed to supporting your academic and personal growth. That's why we offer a range of advising and counseling services to help you navigate the

challenges of college life. To learn more about the resources available to you and how to access them, visit the [Institutional Syllabus](#) page under the Advising and Counseling Support Services tab. Our advising team and the support centers across campus are here to support you in achieving your goals and overcoming any obstacles you may face.

Student Academic Calendar

As students you should be aware of all important dates in the semester, such as the day that courses begin and end, as well as the drop date and the last day to withdraw. To learn more about those dates, navigate to the Student Academic Calendar below:

[SLCC Student Academic Calendar](#)