Fall Outdoor Related Activity

OAPR - 2105 001

Course Student Learning Outcomes

- Identify core outdoor leisure activities that can be participated in during Fall season.

- Understand and demonstrate best practices when participating in Fall outdoor and leisure activities.

- Learn and identify aspects self-efficacy and reflect on the connection between outdoor leisure activities and resilience.

- Interact with peers to accomplish outdoor leisure activities, practice teamwork, communication, and critical thinking.

- Relate through reflection how the outdoor leisure activities can translate into their families, communities and careers.

College Wide Student Learning Outcomes

- Students develop quantitative literacies necessary for their chosen field of study. This includes interpreting, calculating, and communicating with quantitative evidence; collecting, interpreting, analyzing, and visualizing data.

- Students communicate effectively. This includes developing critical literacies— reading, writing, speaking, listening, visual understanding—that they can apply in various contexts; organizing and presenting ideas and information orally, visually, and in writing for various purposes and audiences; understanding and using the elements of effective communication in interpersonal, small group, and mass settings.

- Students think critically. This includes reasoning effectively from available evidence; taking imaginative and complex positions in their work; engaging in

reflective thinking and expression; demonstrating higher-order skills such as analysis, synthesis, and evaluation; problem solving; and applying interdisciplinary and scientific methods to the inquiry process.

- Students express themselves creatively. This includes engaging in the creative process to produce unique artwork, designs, or performances; analyzing, interpreting, and critiquing creative works; and producing a unique and professional portfolio.

- Students develop civic literacy and the capacity to be community-engaged learners who act in mutually beneficial ways with community partners. This includes producing learning artifacts indicating understanding of the political, historical, economic or sociological aspects of social change and continuity; thinking critically about—and weighing the evidence surrounding—issues important to local, national, or global communities; participating in a broad range of community-engagement and/or service-learning courses for community building and an enhanced academic experience.

- Students develop the knowledge and skills to work with others in a professional and constructive manner. This includes engaging with a diverse set of others to produce professional work, contributing to team meetings and performances, making individual contributions outside of team meetings and performances, fostering a constructive team climate, and creating fair and equitable roles based on team members' diverse backgrounds and skills.

- Students develop information literacy. This includes the demonstrated ability to find, synthesize, assess, create, engage with, and cite information in a professional and ethical manner; to conceive that the research process is reflective and iterative; and to understand how information is produced and valued. These abilities and dispositions are rooted in the Framework for Information Literacy developed and adopted by the Association of College & Research Libraries (ACRL)

- Students develop computer literacy. This includes demonstrating the ability to create, name, organize, save and retrieve data and/or information in an electronic file management system; Using online and electronic resources to communicate,

collaborate, and retrieve information; Using a variety of technology to support personal, academic, and professional life-long learning and productivity; Determining when technology is useful and selecting the appropriate tool(s) and technology resources to address a variety of tasks and problems; Advocating and applying security principles and ethical behaviors when using technology and identify the consequences of misuse.

Course Prerequisites

There are no prerequisites for this course.

Transfer/Certification/Licensure/Employment Information

The Outdoor Adventure Parks and Recreation (OA/PR) degree transfers to the University of Utah Parks and Recreation program.

Engagement Plan

- The majority of your grade is dependent on participation in our Friday activities. You also need to engage in Canvas weekly to see the details of our activities each week and complete other assignments. There are only seven sessions total for this course, so you can only miss two if you want to get a good grade. There are two opportunities for extra credit if you miss one or two sessions.

- There are also some graded reflections in this course. Reflection helps connect our class activities to learning outcomes.

- I will try to respond to emails within two to three days, but at times it may take slightly longer than this. I will offer feedback on major assignments within one week. The best way to contact me is via the Canvas Inbox, as I will prioritize this email over other modes of communication.

- In this course, I will be posting announcements in Canvas each week. It is very important to pay attention to these. These announcements also offer opportunities for questions.

- Additionally, I will be participating in the discussion forums with you to share my perspective within the discipline and to offer some nuances of interpretation that

may not be present in your textbook.

- Lastly, we'll be holding in-person reflection sessions, where we can learn from our peers (and faculty) on some of the learning outcomes within the course.

Keys for Success (how to succeed in the course)

- Participate in weekly activities!
- Show up to class on time and stay for the entire session.
- Participate in reflection sessions.
- Be prepared for variable outdoor weather by always bringing layered clothing, a hat, a backpack and potentially a snack. Please also bring a full water bottle.
- Let your instructor know if you are having any issues that impede your ability to participate in class.

Additional Materials

There is no textbook needed for this class.

Brief Description of Assignments/Exams

Your grade in this class is mostly dependent on your participation. There is a quiz, an assignment, and a final reflection that are required, but no formal exams. Attendance will be taken in each class for tracking purposes, but the points for the session will be given on the session assignment for that day (managed by the instructor). If you are more than 15-20 minutes late to the class session you will only get 75 points out of 100 possible for that day. The same is true if you leave 30 minutes before class ends.

Assignment Schedule

Due Date	Assignment Name	Assignment Type	Points
	Introduce Yourself	Discussion	0

Due Date	Assignment Name	Assignment Type	Points
	Introduce Yourself	Discussion	0
	Roll Call Attendance	Assignment	0
9/2/25	1st Class Session & Orientation	Quiz	100
9/4/25	Getting to Know You	Discussion	25
9/5/25	Activity #1 Hiking	Assignment	100
9/12/25	Activity #2 Archery	Assignment	100
9/19/25	Activity #3-Stand up paddle boarding	Assignment	100
9/26/25	Activity #4-Canoeing	Assignment	100
10/3/25	Activity #5- HMHI ROPES course	Assignment	100
10/10/25	Activity #6-Rollerskating or Frizbee golf	Assignment	100
10/10/25	Make-Up Assignment #1	Assignment	0
10/10/25	Make-Up Assignment #2	Assignment	0
10/12/25	Final Reflection	Assignment	50

Grading Scale

- Welcome to the course
    - 25 points-Getting to know you
    - 100 points-First Class session and orientation

- Feild Sessions
  - 600 points for weekly activities-100 participation points each week x six weeks.
- Course wrap-up
  - 50 points-final reflection
  - Make up assignments as needed

775 total points possible

Grading scale:

- A: 90% - 100%
- A-: 87% - 89.9%
- B+: 84% - 86.9%
- B: 80% - 83.9%
- B-: 77% - 79.9%
- C+: 74% - 76.9%
- C: 70% - 73.9%
- C-: 67% - 69.9%
- D+: 64% - 66.9%
- D: 60% - 63.9%
- D-: 57% - 59.9%
- F: 0% - 56.9%

How to Navigate to Canvas

Institutional Policies

As members of our academic community, we would like to invite you to review the Institutional Syllabus which covers important policies and procedures. This document

contains important links for students on the code of student rights and responsibilities, academic integrity, and grading policies, Title IX and other important acknowledgements. By familiarizing yourself with this information, you can help us create a safe and respectful environment for everyone.

For more information, navigate to the Institutional Policies tab on the [Institutional Syllabus](#) page.

Learning Support and Tutoring Services

We are pleased to offer a range of tutoring and learning support services to help you achieve your academic goals. Whether you need assistance with a specific subject or want to improve your study skills, you have many options for tutoring or other support.

To learn more about the services we offer and how to access them, visit the [Institutional Syllabus](#) page under the Tutoring and Learning Support tab. We encourage you to take advantage of these resources to help you succeed in your studies. If you have any questions or would like to schedule a tutoring session, please don't hesitate to reach out to us. We are here to support you in any way we can.

Advising and Counseling Support Services

At our institution, we are committed to supporting your academic and personal growth. That's why we offer a range of advising and counseling services to help you navigate the challenges of college life. To learn more about the resources available to you and how to access them, visit the [Institutional Syllabus](#) page under the Advising and Counseling Support Services tab. Our advising team and the support centers across campus are here to support you in achieving your goals and overcoming any obstacles you may face.

Student Academic Calendar

As students you should be aware of all important dates in the semester, such as the day that courses begin and end, as well as the drop date and the last day to withdraw. To learn more about those dates, navigate to the Student Academic Calendar below:

[SLCC Student Academic Calendar](#)