

General Psychology (SS)

PSY 1010-504

Fall 2025

Course Section Information

Days: This course is an online course

Campus:

Time:

Classroom:

Course Description

Explore the field of psychology in this introductory survey of psychology's scientific study of mind and behavior.

Semester(s): All

Course Prerequisites/Co-requisites

None

Textbooks, Readings, and Course Materials

Authors: Lumen Learning Publication Date: 2024

Title: Introduction to Psychology

Subtitle: Subtitle: I use Lumen One learning management system. It is required for this course. It is a digital teaching and learning environment designed to maximize productivity and efficiency in learning. Lumen One contains interactive, online Open Educational Resources (OER). Lumen One's OER includes the textbook, images, videos, assessments, directed feedback, practice questions, simulations, and other interactives that invite students to apply their knowledge, improve their understanding, and perform better AND replaces expensive textbooks saving students \$\$\$. The course fees for this class include access to Lumen One, so you are ready to go on day 1!:) There is no additional out-of-pocket expense, and no registration is required. Log into Canvas, select this course, and it's go time! Lumen One is fully integrated with Canvas, which means all assignments will be accessed and submitted through Canvas. In other words, you will never have to leave Canvas to complete assignments.

Edition: n/a

Publisher: Lumen Learning

ISBN: n/a

For more information on textbook accessibility, contact Accessibility & Disability Services at ads@slcc.edu.

Course Student Learning Outcomes

- Identify and describe introductory psychological concepts.
- Apply psychology to aspects of life such as personal growth, everyday life, or the college experience.
- Identify and evaluate different research strategies used in psychology including ethical concerns.
- Evaluate, design, or conduct psychological research.

Assignment Schedule

Due Date	Assignment Name	Assignment Type	Points
8/31/25	Students: Discussion Topic (DT)1 - Introduce Yourself to Your Classmates	Discussion	5
8/31/25	Students: Introduce Yourself to Your Instructor	Assignment	5
9/5/25	RA1: Topics in Psychology	Assignment	10
9/5/25	Study Plan (SP1): Psychological Foundations	Assignment	5
9/5/25	Study Plan Quiz (SPQ1): Psychological Foundations	Assignment	20
9/8/25	SP2: Research in Psychology	Assignment	10
9/10/25	RA 2: Analyzing Research	Assignment	10
9/10/25	SPQ2: Research in Psychology	Assignment	20
9/12/25	DT 2: The Social Sciences	Discussion	20
9/15/25	SP3: Biopsychology	Assignment	10
9/17/25	RA 3: Biopsychology	Assignment	10
9/17/25	SPQ3: Biopsychology	Assignment	20
9/22/25	SP4: States of Consciousness	Assignment	10

Due Date	Assignment Name	Assignment Type	Points
9/24/25	RA 4: How Do You Know What You Know? The Quest to Understand Consciousness.	Quiz	10
9/24/25	SPQ4: States of Consciousness	Assignment	20
9/26/25	DT 3: States of Consciousness - Academic & Career Connections	Discussion	20
9/29/25	SP5: Sensation and Perception	Assignment	10
10/1/25	RA 5: Cultural Influences on Perception	Assignment	10
10/1/25	SPQ5: Sensation and Perception	Assignment	20
10/6/25	SP6: Thinking and Intelligence	Assignment	10
10/8/25	RA 6 Assignment: The Paradox of Choice	Assignment	10
10/8/25	SPQ6: Thinking and Intelligence	Assignment	20
10/10/25	DT 4: Memory for Life	Discussion	20
10/13/25	SP7: Memory	Assignment	10
10/15/25	RA 7 Assignment: Memory - Good Advice!	Assignment	10

Due Date	Assignment Name	Assignment Type	Points
10/15/25	SPQ7: Memory	Assignment	20
10/20/25	SP8: Learning	Assignment	10
10/22/25	RA 8 Assignment: Classical & Operant Conditioning	Quiz	10
10/22/25	SPQ8: Learning	Assignment	20
10/24/25	DT 5: Parenting & Socioemotional Development	Discussion	20
10/27/25	SP9: Lifespan Development	Assignment	10
10/29/25	RA 9 Assignment: Parents Raising "Theybies"	Quiz	10
10/29/25	SPQ9: Lifespan Development	Assignment	20
11/3/25	SP10: Social Psychology	Assignment	10
11/5/25	RA 10 Assignment: Deindividuation	Assignment	10
11/5/25	SPQ10: Social Psychology	Assignment	20
11/7/25	DT 6: Personality	Discussion	20
11/10/25	SP11: Personality	Assignment	10
11/12/25	RA 11 Personality: Who Are You Really????	Quiz	10

Due Date	Assignment Name	Assignment Type	Points
11/12/25	SPQ11: Personality	Assignment	20
11/17/25	SP12: Emotion and Motivation	Assignment	10
11/19/25	RA 12: What Motivates You?	Assignment	10
11/19/25	SPQ12: Emotion and Motivation	Assignment	20
11/21/25	DT 7: Psychological Disorders	Discussion	20
11/24/25	SP13: Psychological Disorders	Assignment	10
11/25/25	RA 13: Diagnosing Disorders	Assignment	10
11/25/25	SPQ13: Psychological Disorders	Assignment	20
12/1/25	SP14: Therapy and Treatment	Assignment	10
12/3/25	RA 14: Treating Mental Illness	Assignment	10
12/3/25	SPQ14: Therapy and Treatment	Assignment	20
12/8/25	RA 15: Thoughts on Stress & Happiness	Assignment	10
12/8/25	SP15: Stress and Health	Assignment	10
12/10/25	SPQ15: Stress and Health	Assignment	20

Due Date	Assignment Name	Assignment Type	Points
12/18/25	Instructions for General Elective (GE) - Signature Assignment with GE - Reflective Writing	Assignment	50

Coursework & Assignment Descriptions

The course and the Lumen material are designed to enforce the learning objectives by guiding you through each chapter in 3 stages. A study plan, study plan quiz, and related activities will support your learning experience.

SP = Study Plans x 15 Assigned

SPQ = Study Plan Quiz x 15 Assigned

RA = Related Activities x 15 Assigned

There is no final exam in this class, but there is a final Signature Assignment and Reflective Assignment to support the General Education requirements.

Grading Scale

Grades: Student performance is based on a percentage of the possible points. Students can check their scores on the Canvas gradebook. Students should discuss grade concerns with their instructor throughout the semester. Graded work is not on file indefinitely.

A 95-100%	B 83-85	C 73-75	D+ 66-69
A- 90-94	B- 80-82	C- 70-72	D- 55-59
B+ 86-89	C+ 76-79	D 60-65	E Below 55%

Engagement Plan

I will respond to Canvas email within 24 - 48 hours

I will offer feedback on major assignments within 24-72 hours

The best way to contact me is via the Canvas Inbox, as I will prioritize this email over other modes of communication

I am available to schedule a Zoom meeting as needed

Additional Materials

This is about halfway through the syllabus - are you still there? If so, I would like to offer one point of extra credit to anyone who helps me find spelling, grammatical, or date errors throughout the coursework. This helps me to embrace my *humanness* and allows you to teach the teacher (which you do anyway)! Good Luck and PAY ATTENTION!

General Education Information

SS

This course fulfills the above requirement for the General Education Program at Salt Lake Community College. It is designed not only to teach the information and skills required by the discipline, but also to develop vital workplace skills and to teach strategies and skills that can be used for life-long learning.

General Education courses teach basic skills as well as broaden a student's knowledge of a wide range of subjects. Education is much more than the acquisition of facts; it is being able to use information in meaningful ways in order to enrich one's life.

While the subject of each course is important and useful, we become truly educated through making connections of such varied information with the different methods of organizing human experience that are practiced by different disciplines. Therefore, this course, when combined with other General Education courses, will enable you to develop broader perspectives and deeper understandings of your community and the world, as well as challenge previously held assumptions about the world and its inhabitants.

How to Navigate to Canvas

This course uses the Canvas course management system. All students must use Canvas to retrieve course readings, access web pages, upload assignments, receive course announcements, and review the class section's syllabus.

Institutional Policies

As members of our academic community, we would like to invite you to review the Institutional Syllabus which covers important policies and procedures. This document contains important links for students on the code of student rights and responsibilities, academic integrity, and grading policies, Title IX and other important acknowledgements. By familiarizing yourself with this information, you can help us create a safe and respectful environment for everyone.

For more information, navigate to the Institutional Policies tab on the <u>Institutional Syllabus</u> page.

How to Succeed in the Course

WHAT SHOULD I DO TO BE SUCCESSFUL IN THIS COURSE?

- Expect to put time into the course. In higher education, for a 3-credit hour class, students should expect to put in 2-3 hours per week reading, studying, or doing assignments. Consider scheduling yourself.
- Don't let yourself get behind. It's easy get overwhelmed when you have so many things (besides) school that you are responsible for. Managing your time, sticking to schedules the best you can, will cut down on stress allowing you to think and work more efficiently.
- Login into Canvas frequently to keep track of all the assignment due dates it seems like there are a lot of them, but totally doable.
- Use the Canvas Calendar to keep track.

• Check your Bruin email regularly. Expect to see emails from me throughout the semester.

WHAT SHOULD I DO IF I NEED HELP?

- Seek help early as soon as you realize things are not going as planned. The longer you wait, the less likely it is that you can turn things around.
- If it simply a matter of a time crunch, remember there are some (not all) assignments that provide small extensions. These assignments allow you to submit work after the deadline for small deduction in points per day. See each assignment category for more detail.
- Let me know if you are encountering health or other difficulties that affect your classwork. Let's talk hopefully we can work something out so that you can be successful in this course.
- Know your college! There are several student support services that SLCC provides. I have listed them below. Also, I may know of additional community support services that are available if needed.

Additional Class Policies

Late assignments: The deadlines are outlined in Canvas. Late work will be deducted 10% per day until a 100% deduction is reached. Please communicate with the instructor if you have concerns about assignment deadlines. Except for Discussions, all assignments will open on the first day of the semester to allow you to work ahead. They will remain open for 10 days after the due date (except for quizzes), but will be subject to the late policy deduction. Best thing to be successful - GET WORK DONE ON TIME. Discussions will close on the deadline date and will not allow late submissions. You are encouraged to have back-and-forth conversations with your peers for the discussion assignments.

Incompletes: An incomplete is a conditional grade given only in extraordinary cases where a student has completed a major portion of the class but is unable to complete the coursework due to circumstances beyond their control, such as major

illness/injury or a death in the family. Written documentation from your physician will be required.

Extra Credit: Extra credit may be given at the instructor's discretion, typically for low grades on assignments, not incomplete assignments.

Learning Support and Tutoring Services

We are pleased to offer a range of tutoring and learning support services to help you achieve your academic goals. Whether you need assistance with a specific subject or want to improve your study skills, you have many options for tutoring or other support.

To learn more about the services we offer and how to access them, visit the <u>Institutional Syllabus</u> page under the Tutoring and Learning Support tab. We encourage you to take advantage of these resources to help you succeed in your studies. If you have any questions or would like to schedule a tutoring session, please don't hesitate to reach out to us. We are here to support you in any way we can.

Online Tutoring

Students at SLCC have access to online tutoring through Canvas. From your Canvas course click Online Tutoring in the course navigation and follow the steps to set up an appointment. If this is your first time using the Online Tutoring we recommend you click "Take a Tour" to familiarize yourself with the service.

Note that students only receive 480 minutes of tutoring time each semester. After that we encourage you to use the resources found through this link: https://www.slcc.edu/tutoring/index.aspx

If you have any additional questions reach out to elearningsupport@slcc.edu.

Course Content Advisory

Please be advised that this course may include discussions, readings, and other content that some students might find distressing or triggering. Specifically, the course may cover topics such as:

- Violence or traumatic events
- Sensitive social and political issues
- Discussions of mental health, including depression and anxiety
- Graphic or explicit descriptions and imagery
- Any other specific content relevant to the course

Our aim is to explore these topics thoughtfully and respectfully, understanding their importance in our field of study. However, we recognize that such material can be challenging. If you have concerns about your ability to engage with certain course materials due to past experiences or personal reasons, please feel free to discuss this with me privately. We can explore alternative ways for you to engage with the material while ensuring your educational experience is not compromised.

Your well-being is important, and support services are available through the college's counseling support services should you need them.

Advising and Counseling Support Services

At our institution, we are committed to supporting your academic and personal growth. That's why we offer a range of advising and counseling services to help you navigate the challenges of college life. To learn more about the resources available to you and how to access them, visit the <u>Institutional Syllabus</u> page under the Advising and Counseling Support Services tab. Our advising team and the support centers across campus are here to support you in achieving your goals and overcoming any obstacles you may face.

Student Academic Calendar

As students you should be aware of all important dates in the semester, such as the day that courses begin and end, as well as the drop date and the last day to withdraw. To learn more about those dates, navigate to the Student Academic Calendar below:

SLCC Student Academic Calendar

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PSY - 1010 504